# Guide older children to be safe passengers

Car crashes are the number one cause of unintentional death and injuries to children. Children between the ages of 8 and 14 need clear, consistent messages about how to stay safe in a car as they become more independent.

## Why are 8-14 year olds at risk?

- Many are still too small to fit in seat belts safely and should use a booster seat.
- They are much less likely to ride safely than younger children due to peer pressure.
- Children of this age are more likely to be riding in the front seat, where the risk of injury is greater.
- Older children often ride with new drivers such as siblings and friends.



## Resources

#### **Resources and information:**

chw.org/carseats crossroadsteendriving.org **Email:** carseatwi@chw.org

Phone: (855) 224-3692

# What parents can do

- Make sure that everyone in the car buckles up every trip, no matter how short. It is the law.
- Make sure that each child sits in their own seat with a seat belt or a booster seat, if needed.
- Put children younger than 13 in the back seat since they should never sit in front of an airbag.
- Set rules for who your child may ride with.
  Wisconsin law limits the passengers of new teen drivers.
- Let your children know what to do if they do not feel safe riding with someone. Tell them to call you and you will pick them up.

## What older children can do

- Always buckle up, even if others do not.
- Sit in the back seat if they are under age 13, even if the driver tells them they can sit in the front seat.
- Say something if they see something unsafe or feel unsafe.
- Know that it is okay to say, "I am not going to ride without a seat belt, it is not safe."
- Call an adult if they need help or a safe ride home.







