# **Kosher Options**

These are items from our patient menu that have any type of kosher symbols on the package. They are sent to your room unopened with wrapped disposable utensils. If you need additional assistance with menu choices please ask your nurse to contact the dietitian.

## **Cereal and Yogurt**

Cheerios Frosted Flakes Froot Loops Rice Chex

Yoplait vanilla yogurt Yoplait strawberry yogurt Yoplait blueberry yogurt

# **Kosher Meals** subject to availability

We serve the My Own Meal brand; they are heated in the microwave unless requested otherwise. All meals arrive to your room sealed.

Cheese Tortellini Pasta Garden Vegetable

### Snacks

Rold Gold pretzels Lays potato chips Keebler animal crackers Keebler graham crackers General Mills fruit roll-ups

### **Fruits**

Whole fresh fruit Banana, apple, orange, grapes (removed from stem) Musselman's applesauce

#### **Desserts**

Popsicle
Wholesome Farms Ice Cream
Wholesome Farms Sherbet
Nabisco Oreos
Hunts Snackpack Pudding
Hunts Snackpack GelSnacks
J. Hungerford creamy caramel
topping for apples or ice cream

#### **Beverages**

16 oz. Kemps Milk skim, 2%, chocolate
HC Plus juice
Ice Mountain water
Rice Dream vanilla rice milk
Sprite or Sprite Zero
Coke or Diet Coke

#### **Condiments**

Zesta saltine crackers
Jif peanut butter
Smucker's grape jelly or
strawberry jam
Heinz ketchup
Heinz mustard
Heinz mayonnaise
Wholesome Farms butter
Smart Balance margarine
Heinz barbeque sauce
Diamond Crystal salt &
pepper