

If you are interested in participating or would like more information, please contact a member of our project staff.

## PROJECT STAFF

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# Project Connect

*Adapting Parent-Child  
Interaction Therapy (PCIT)  
to Foster Care*



## Project Connect

This research project is being conducted because foster children are at a high risk for emotional and behavioral problems.

Through our project, we will learn about a program designed to help foster caregivers develop specialized behavior management techniques using Parent-Child Interaction Therapy (PCIT).

We predict the intervention will improve parent-child interactions, reduce child behavior problems, and potentially reduce disruptions in out-of-home care.

This project is a partnership between St. Aemilian-Lakeside, Inc., Children's Service Society of Wisconsin, and the Helen Bader School of Social Welfare at the University of Wisconsin-Milwaukee.

### PROJECT DETAILS

There are 3 study conditions into which selected families will be assigned.

#### Group 1:

- One 2-day PCIT training
- 8 weeks of supportive PCIT phone consultation from trained professional

#### Group 2:

- One 2-day PCIT training
- 8 weeks of supportive PCIT phone consultation from trained professional
- Additional 1-day booster session
- Another 6 weeks of supportive phone consultation

#### Group 3:

- Control condition receiving child welfare services as usual
- Can participate in a 2-day PCIT workshop later in the study

All participants will be asked to complete surveys and participate in videotaped observations that provide information about child behaviors and parent-child interactions.

### KEY INCENTIVES

- Participants who complete the 2-day workshop training will receive \$100
- Meals and child care will be provided at the training
- Participants are eligible for ongoing foster parent training credit
- Participants will receive \$10 for completing surveys and \$20 for completing hour-long observational assessments
- Participants will be reimbursed for local travel mileage

### ELIGIBILITY

Licensed non-relative foster parent with a foster child who:

- Is between the ages of 3 and 6,
- Has some behavioral challenges, and
- Does not have debilitating physical or cognitive disorders (e.g., deafness, blindness, autism)

