

What does Healthy Families provide?

- Support during and after pregnancy
- Activities designed for your baby and your family
- A bridge to other local resources
- Free and voluntary programs and services

What does Healthy Families do to support pregnant and new parents?

Here's what our parents have to say:

“ Other parents should join the home visiting program because it gives you someone to talk to who doesn't judge you. ”

“ They help in a variety of ways, from bringing information I had questions about or about other resources that would help my family. ”

“ My home visitor recognized my potential as a parent when I had very low self-esteem and questioned my (own) abilities. She encouraged and supported me to be the best parent for my twins. Today I feel confident. ”

“ They help me set goals and then keep me on track so I can achieve them. ”



**Healthy Families Northwoods™
is at these Children's Wisconsin locations:**

Antigo office

N4013 Hwy 45
Antigo, WI 54409
(715) 627-1414
Hours by appointment

Merrill Office

712 East Second St.
Merrill, WI 54452
(715) 539-9228
Office hours: 12 p.m. – 4 p.m.
Monday through Friday
Additional hours by appointment

Rhineland office

3716 Country Dr.
Rhineland, WI 54501
(715) 361-6300
Hours by appointment



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Milwaukee, WI 53201-1997

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Healthy Families Northwoods™



Kids deserve the best.

Antigo Merrill Rhineland
childrenswi.org/northwoods



How does it work?

The Healthy Families Northwoods™ Home Visiting Program works with pregnant and parenting moms and families. We will visit with you in your home, the community or at our office—wherever is most comfortable and convenient for you. We will work with you in all areas of parenting.

Who can enroll?

Pregnant women and newborns. Services are free.

What can Healthy Families do to support me?

Healthy Families can help you learn more about child development. We strengthen parenting skills and connect families to community resources and support. Your family visitor can help you:

- Lead a healthier lifestyle
- Strengthen family relationships
- Build parenting skills
- Learn how children grow and develop
- Find and use community resources
- Prepare kids to do well in school
- Lessen stress
- Celebrate family milestones
- Work toward your family goals with up to \$250 for qualified family needs and other incentives

Healthy Families Northwoods™ Home Visiting Program follows the Healthy Families American (HFA) model. HFA is one of the leading family support programs in the country. It is a program of Prevent Child Abuse America. Healthy Families Northwoods focuses on early child health, child development, reading and school readiness. Services are free to pregnant women and newborns. Services can continue until age 5.

How do I get started?

Email northwoods@chw.org or call the Children's Wisconsin office nearest you in Antigo, Merrill or Rhinelander to learn more.

If another program better meets your needs, we will connect you. We will also follow up to ensure your family is supported.

