



What happens at an appointment?

1. There are several forms we ask you to fill out before your appointment. Plan to arrive 15 minutes before your appointment so you have time to complete them.
2. Your child may be asked to provide a urine sample. Please give him or her something to drink before coming to the appointment. If possible, have your child wait to use the bathroom until a nurse practitioner decides if a urine sample is needed.
3. During your appointment, a nurse practitioner will ask questions to learn more about your child's medical history. You may be asked how often your child urinates and has a bowel movement. You also may be asked what and how much your child drinks. It may be helpful to keep track of these things before your child's appointment.
4. During the appointment, your child may need a physical exam, including an examination of his or her genitalia (private area). You may want to talk to your child ahead of time about the exam.
5. The nurse practitioner will explain your child's condition and, if necessary, the need for more evaluation and treatment options.
6. Please ask your child's doctor to fax a copy of any ultrasounds, X-rays, urine tests or other information related to your child's condition before the appointment.
7. The nurse practitioner will talk with a urologist or nephrologist and your child's doctor as needed.