

# Recommended room service foods for an egg free diet

***Some foods from the general patient menu may not be included on this menu as we are unable to check all food labels. If you have questions about this menu or your diet, call (414) 266-3663.***

## Breakfast

Cheerios  
Frosted Flakes  
Fruit Loops  
Lucky Charms  
Rice Chex  
Oatmeal  
Toast white, wheat  
Strawberry Pop Tart  
Bacon  
Sausage  
Tater Tots  
French Toast Sticks  
Yogurt assorted flavors

## Sides

Broccoli  
Carrots  
Corn  
Green beans  
Peas  
French fries  
Tator tots  
Mashed potato  
White rice  
Refried beans  
Soft corn tortilla  
Tossed salad FF ranch, French, Italian dressing

## Lunch and Dinner

Deli sandwich turkey, ham, Swiss, cheddar, American cheese  
Peanut butter and jelly sandwich  
Tomato soup  
Beef or chicken broth saltine crackers  
Beef hot dog  
Cheese pizza pepperoni, ham, mushrooms, green pepper, onion  
Hamburger, cheeseburger or veggie burger American, Swiss, cheddar  
Grilled cheese sandwich  
Grilled ham & cheese sandwich  
Grilled chicken breast sandwich  
Grilled chicken breast (boneless)  
Roast turkey  
GF noodles with marinara sauce  
Cheese Quesadilla  
Chef Salad

## Beverages

Apple and orange juice  
Bottled water  
Crystal Light lemon, raspberry  
Lemonade  
Milk whole, 1%, skim, chocolate  
Lactose Free  
Soy Milk vanilla or chocolate  
Vanilla Rice Milk  
Sprite or Sprite Zero  
Coke or Diet Coke  
Mello Yello  
Powerade berry  
Vitawater XXX, lemon  
Hot Cocoa  
Shake chocolate  
Fruit smoothie berry, mango,

## Snacks

Carrot and celery sticks  
Cucumber slices  
Baked Lays  
Lays Potato Chips  
String cheese  
Fruit roll up

## Desserts

Seasonal fresh fruit  
Fresh Fruit Cup  
Apple with caramel dip  
Mandarin oranges, peaches, pears, or applesauce cup  
Graham crackers  
Grahams Bug Bites  
Oreos  
Rice Krispies treat  
Gelatin orange, strawberry  
Popsicles  
Ice Cream chocolate, strawberry, vanilla  
Italian Ice cherry, lemon  
Pudding chocolate, vanilla

## Condiments

Ketchup, mustard  
Cream Cheese  
BBQ sauce  
Pickle chips/pickle relish  
Lettuce, tomato, and onion  
Margarine and butter  
Salsa, sour cream  
Cheese sauce  
Marinara sauce  
Chicken gravy  
White and brown sugar  
Breakfast syrup regular, SF