

Recommended room service foods for a milk free diet

Some foods from the general patient menu may not be included on this menu as we are unable to check all food labels. If you have questions about this menu or your diet, call (414) 266-3663. Due to supply chain disruptions, some menu items may be temporarily unavailable or substituted. Menu items are subject to change based on availability. For the most current selections, please ask for a printed menu that is suited for the patients' dietary needs.

Breakfast

Cheerios
Frosted Flakes
Froot Loops
Lucky Charms
Rice Chex
Oatmeal
Toast white, wheat
Strawberry Pop Tart
Hard boiled eggs
Scrambled eggs
Omelet ham, bacon, diced sausage,
mushroom, green pepper, onion
Tater Tots
Bagel
Bacon
Sausage
French Toast Sticks

Sides

Broccoli
Carrots
Corn
Green beans
Peas
French fries
Tator tots
Bow tie noodles
White rice
Refried beans
Soft corn tortilla
Tossed salad French, Italian dressing

Lunch and Dinner

Deli sandwich turkey, ham
Peanut butter and jelly
sandwich
Chicken noodle soup
Beef or chicken broth saltine
crackers
Beef hot dog
Hamburger or Veggie burger
Grilled chicken breast sandwich
Roast turkey
Grilled chicken breast (boneless)
Spaghetti or bow tie pasta
with marinara sauce

Beverages

Apple and orange juice
Bottled water
Crystal Light lemon, raspberry
Lemonade
Soy Milk vanilla or chocolate
Vanilla Rice Milk
Sprite or Sprite Zero
Coke or Diet Coke
Mello Yello
Powerade berry
Vitawater XXX, lemon
Fruit Smoothie berry, mango,
strawberry

Snacks

Carrot and celery sticks
Cucumber slices
Baked Lays
Lays Potato Chips
Fruit roll up

Desserts

Seasonal fresh fruit
Fresh fruit cup
Mandarin oranges, peaches,
pears, or applesauce cup
Graham crackers
Scooby Snacks
Oreos
Gelatin orange, strawberry
Popsicles
Italian Ice cherry, lemon

Condiments

Ketchup, mustard, mayonnaise
BBQ sauce
Pickle chips/pickle relish
Lettuce, tomato, and onion
Margarine
Salsa
Marinara sauce
White and brown sugar
Breakfast Syrup regular, SF