

Recommended room service foods for a Red Color & Dye Free Diet

Some foods from the general patient menu may not be included on this menu as we are unable to check all food labels. If you have questions about this menu or your diet, call (414) 266-3663.

Breakfast

Cheerios
Frosted Flakes
Rice Chex
Oatmeal
Toast white, wheat
Strawberry Pop Tart
Hard-boiled eggs
Scrambled eggs
Omelet ham, bacon, diced sausage,
mushroom, green pepper, onion
Tator tots
Bacon
Sausage
Pancakes
French toast sticks
Bagel
Yogurt assorted flavors

Sides

Broccoli
Carrots
Corn
Green beans
Peas
French fries
Tator tots
Mashed potato
Bow tie noodles
White rice
Refried beans
Soft corn tortilla
Tossed salad FF ranch, French dressing

Lunch and Dinner

Deli sandwich turkey, ham, Swiss
Peanut butter and jelly
sandwich
Tomato or chicken noodle soup
Beef or chicken broth saltine
crackers
Beef hot dog
Chicken strips
Hamburger or cheeseburger
Swiss
Grilled cheese sandwich
Grilled ham & cheese sandwich
Grilled chicken breast sandwich
Roast turkey
Grilled chicken breast (boneless)
Spaghetti or bow tie pasta
with marinara sauce
Mini Corn Dogs

Beverages

Apple and orange juice
Bottled water
Crystal Light lemon
Lemonade
Milk whole, 1%, skim, chocolate
Lactose Free
Soy Milk vanilla or chocolate
Vanilla Rice Milk
Sprite or Sprite Zero
Coke or Diet Coke
Mello Yello
Powerade berry
Vitawater XXX, lemon
Hot Cocoa
Shake chocolate, vanilla
Fruit Smoothie mango

Snacks

Carrot and celery sticks
Cucumber slices
Baked Lays
Lays Potato Chips
String cheese
Fruit roll up

Desserts

Seasonal fresh fruit
Fresh fruit cup
Apple with caramel dip
Mandarin oranges, peaches,
pears, or applesauce cup
Graham crackers
Grahams Bug Bites
Oreos
Rice Krispies treat
Ice Cream chocolate
Italian Ice lemon
Pudding chocolate, vanilla

Condiments

Ketchup, mustard, mayonnaise
Cream Cheese
BBQ sauce
Pickle chips
Lettuce, tomato, and onion
Margarine and butter
Salsa, sour cream
Cheese sauce
Marinara sauce
Chicken gravy
White and brown sugar
Breakfast syrup regular, SF