

We are pleased to offer you personal room service dining. This innovative dining program allows you to select meals from a wide variety of foods designed to enhance your experience.

Patients may order items from the menu according to their prescribed diets. We are happy to assist you with your selections.

Parent trays are available for purchase from the **2/4/6/8 Meal Program** with credit or meal cards.

All trays (both patient and parent) include your choice of one entrée, three sides, a dessert and a beverage, as your diet allows.

You may order between 7 a.m. and 9 p.m.

### 2/4/6/8 TICKETS AND ORDERING

Buy meal tickets in advance at these locations:

- The Gift Shop, open 9:30 a.m. to 4:30 p.m., Monday through Friday.
- Lower Level Cafeteria, open 24 hours a day, 7 days a week

**Or, you may pay by credit card** when you call to place your order.

**Place your order** by calling 63663 from your child's room.

**Your order will be delivered** to your child's room within 45 minutes.

### ..... TO PLACE YOUR ORDER .....

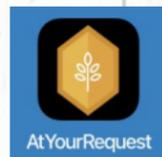
**BY PHONE** Call us at 63663 (6-FOOD)

OR

**LAUNCH THE AT YOUR REQUEST® APP** on the iPad.

- Select the Let's Go button.
- Scan the QR code with the iPad.
- Tap the Let's Get Started button.
- Call 63663 (6-FOOD) to request app activation.

*Not all diets will be available on the app.*



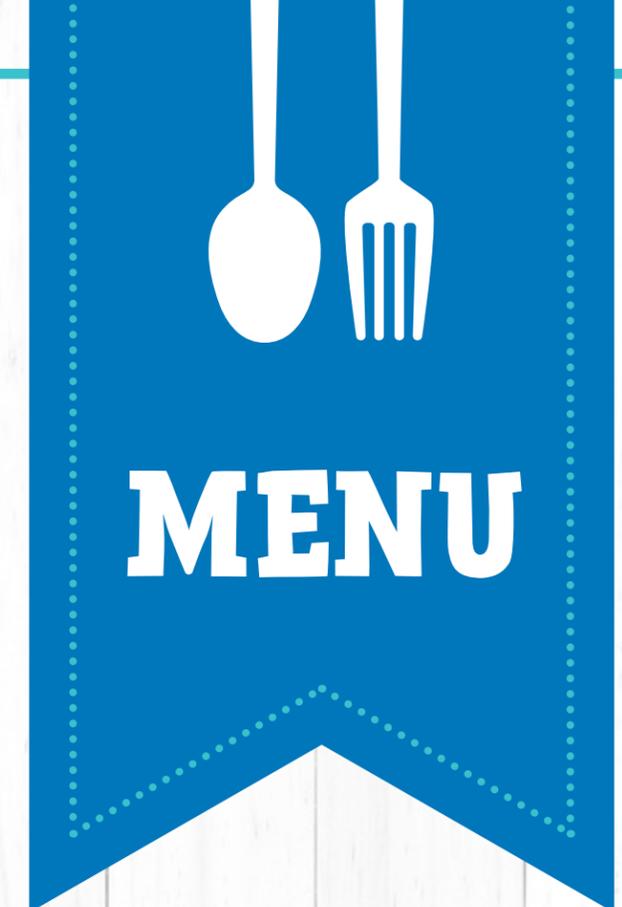
# How are we doing?

..... TELL US WHAT YOU THINK .....

PLEASE SHARE YOUR EXPERIENCE WITH OUR ROOM SERVICE MEALS AND SERVICE.

It's as simple as 1-2-3.

- 1 Scan the QR code with your phone.
- 2 Complete the Food Patient Satisfaction Questionnaire.
- 3 Hit Submit.



# Breakfast

## ..... CLASSIC BREAKFAST ENTRÉES .....

Scrambled egg  
Hard-boiled egg  
Buttermilk pancakes  
French toast sticks  
Hot breakfast sandwich

## CREATE YOUR OWN ..... OMELET .....

**PROTEIN:** scrambled egg or egg whites, ham, bacon, sausage  
**CHEESES:** American, cheddar, shredded cheddar  
**VEGGIES:** green pepper, mushroom, onion

## ..... BREAKFAST SIDES .....

Tater tots  
Bacon  
Sausage links

## ..... BREADS .....

White, wheat or gluten-free  
Sandwich bun – sub, hamburger or hot dog, gluten-free hamburger or hot dog  
Plain bagel  
English muffin  
Blueberry muffin  
Tortilla – corn or flour

Dinner roll  
Garlic breadstick  
Saltines  
Strawberry Pop Tart®

## ..... DAIRY .....

Yogurt – Trix®, regular (full fat) strawberry, blueberry or vanilla, or light strawberry or blueberry

## ..... CEREAL .....

**HOT**  
Oatmeal  
Cream of Wheat®

**COLD**  
Rice Chex®  
Cheerios®  
Corn flakes  
Frosted corn flakes  
Lucky Charms®  
Froot Loops®

# Lunch & Dinner

## ..... CLASSIC ENTRÉES .....

Grilled chicken breast  
Macaroni and cheese  
Chicken strips  
Fish sticks  
Meatloaf

Roast turkey  
Mini corn dogs  
Signature Noodle Bowl  
Signature Rice Bowl

## CREATE YOUR OWN ..... DELI SANDWICH .....

**PROTEIN:** ham, turkey, bacon, tuna salad, chicken salad, peanut butter  
**CHEESES:** American, cheddar, Swiss  
**VEGGIES:** tomatoes, lettuce, shredded lettuce, onions, pickle chips  
**EXTRAS:** strawberry or grape jelly

## CREATE YOUR OWN ..... GRILL SANDWICH .....

**PROTEIN:** beef, turkey or veggie burger, grilled or breaded chicken breast, grilled cheese or ham and cheese, beef hot dog or chili dog  
**CHEESES:** American, cheddar, Swiss  
**VEGGIES:** tomatoes, lettuce, onions  
**EXTRAS:** salsa, sour cream, bacon

## ..... CREATE YOUR OWN TACO .....

**SHELL:** hard, soft flour or corn tortilla  
**PROTEIN:** seasoned ground beef or chicken, refried beans, cheese  
**CHEESES:** cheddar cheese sauce, shredded cheddar  
**VEGGIES:** diced tomatoes, shredded lettuce, onions  
**EXTRAS:** salsa, sour cream, jalapeños

## ..... CREATE YOUR OWN QUESADILLA .....

**SHELL:** flour or corn tortilla  
**PROTEIN:** seasoned ground beef or chicken, refried beans, cheese

## ..... CREATE YOUR OWN PIZZA .....

**TOPPINGS:** pepperoni, sausage, ham, mushrooms, green pepper, onion

## ..... CREATE YOUR OWN PASTA .....

**PROTEIN:** meatballs, chicken  
**SAUCE:** marinara, Alfredo  
**CHEESES:** Parmesan  
**PASTA:** spaghetti, bowtie, cheese ravioli, gluten-free

**CONDIMENTS:** salt, pepper, sugar – regular, sugar substitute or brown sugar, honey, butter or margarine, syrup – regular or sugar-free, ketchup, mustard – regular or honey mustard, mayonnaise – regular or fat-free, peanut butter, jelly – regular or sugar-free, sour cream, cream cheese, Parmesan cheese, creamer, lemon juice, salsa, BBQ sauce, hot sauce, soy sauce, sweet & sour sauce, taco sauce, tartar sauce, crackers

## ..... ENTRÉE SALADS .....

Chef  
Chicken Caesar  
Dressing – Italian, Caesar, French, ranch

## ..... SOUPS .....

Broth – beef, chicken or vegetable  
Soup – tomato or chicken noodle

## VEGETABLES ..... & SIDES .....

### HOT

Carrots  
Broccoli  
Peas  
Corn  
Green beans  
Rice  
Refried beans  
Potatoes – mashed, loaded mashed, French fries, tater tots  
Gravy – chicken or beef

**COLD**  
Tossed salad  
Carrot and celery sticks  
Cottage cheese

### ..... FRUIT .....

Fresh – banana, orange, apple, fresh fruit cup, grapes, strawberry  
Dished – applesauce, peaches, pears, mandarin oranges

### ..... SNACKS .....

Sliced apples with caramel dip  
Fruit roll-ups  
String cheese  
Graham crackers  
Cinnamon Bug Bites®  
Vanilla wafers  
Goldfish® crackers

## ..... DESSERTS .....

Pudding – vanilla or chocolate  
Gelatin – berry or citrus (regular and sugar-free)  
**BAKERY**  
Cookies – chocolate chip, vanilla wafers, Oreo® cookies, Rice Krispies® treat  
**FROZEN**  
Ice cream – vanilla, chocolate or strawberry  
Sherbet – orange  
Popsicles® – grape, cherry or orange (regular and sugar-free)

## ..... BEVERAGES .....

### HOT

Hot tea  
Coffee  
Hot cocoa

### COLD

Juice – apple, orange or cranberry  
Milk – skim, 1%, whole, low-fat chocolate or lactose-free (Lactaid® or soy)  
Bottled water  
Lemonade  
Soda – Sprite®, Sprite Zero®, Coca Cola®, Diet Coke® or Mello Yello®  
Powerade®  
Shakes  
Fruit smoothies

