



We can all have a positive impact on the life of a child. Use the ideas below to connect with the children in your life.

*April is*

## Family Strengthening Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>March 31</b>	<b>1</b>
					Wear blue day	Take a walk in your neighborhood
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Look at baby pictures	Practice mindfulness	What is your favorite animal? Why?	Play in puddles	Color eggs	Family sing along	Hop like a bunny
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
Compliment family members	Blow bubbles outside	Read a book about nature	Touch your toes ten times	Turn off TV day	What makes you happy?	Family Olympics
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Read Sunday comics	Volunteer as a family	Learn to say hello in a different language	Invite friends over to play	Try a new food	Earth Day – plant flower seeds	Family slumber party
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
Play cards -----	Watch squirrels play	Donate gently used clothes	Hug someone you love	What do you do when mad?	Arbor Day – Learn about trees	Look at the moon and stars
<b>30</b>						
Craft night						