

We can help you:

- Understand your child's behavior
- Learn how your child grows
- Improve family relationships
- Develop skills to lessen stress
- Communicate better with your child
- Connect with other parents
- Find and use community resources
- Discover ways to create family fun
- Experience the joys of being a parent

Programs at the Janesville office are coordinated by Children's Wisconsin.

Janesville office

32 E. Racine Street, Suite 190
Janesville, WI 53545
Email: janesvilleoffice@childrenswi.org
Phone: (608) 314-9006
Fax: (608) 314-9009

Hours

8:30 a.m. – 5 p.m. Monday – Thursday
Open some evenings for scheduled programs and individual meetings by appointment.

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PO Box 1997
Milwaukee, WI 53201-1997

childrenswi.org

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Parenting programs and support services



Kids deserve the best.

Janesville

childrenswi.org/janesville



Rock County Family Resource Center

is located in the Children's Wisconsin Janesville Office. Programs and support are offered in English and Spanish. The Center provides a safe and calm place for parents and caregivers to find information, join parenting programs and enjoy family activities. Services are provided to all families at no cost.

Free parenting classes for adults

Topics include:

- Discipline
- Communication
- Growth and development
- Controlling stress
- Improving self-esteem
- Nutrition

Classes are also offered in English and Spanish. Please call to register.

Play and Learn offers the opportunity to meet other parents with young children ages birth to 5. Participate in early learning activities with music, story time and more to enhance your child's development and promote school readiness.



Cribs for Kids® provides Rock county families with Cribettes™ to help reduce deaths due to Sudden Infant Death Syndrome and unsafe sleep. Cribettes™ are provided free of charge to families who are unable to purchase one.

Information, referral and advocacy

Contact us for parenting information and help with resources. Trained staff can help you find and use community resources to help you with your family goals.

Additional resources

- Warm line: Call (608) 314-9006 during office hours for non-emergency parenting advice on the day-to-day challenges of raising kids.
- Lending library
- Care Closet
- Computer lab
- Family events

Healthy Families Rock County Home Visiting Program follows the Healthy Families America (HFA) model. HFA is one of the leading family support programs in the United States. It is a main program of Prevent Child Abuse America. Healthy Families Rock County focuses on early child health, child development, reading and school readiness. Services are free to pregnant women and newborns up to three months of age. They can continue until the child reaches age 3.

Participants can:

- Learn how children grow and develop
- Prepare kids to do well in school
- Strengthen family bonds
- Lessen family stress
- Become confident parents
- Celebrate family milestones

