Children's Wisconsin has programs that support parents, caregivers and families. We can help you:

- · Learn how your child grows.
- Make family relationships better.
- Set education and job goals.
- Cope with stress.
- Connect with your child.
- Meet other parents.
- Find local resources.
- Learn ways to create family fun.

Many programs are available in English and Spanish. All are free.

All programs are coordinated by Children's Wisconsin.

#### **Madison office**

1716 Fordem Avenue, Madison, WI 53704 Email: madisonoffice@childrenswi.org

Phone: (608) 221-3511 Fax: (608) 221-3514

### Hours

8:30 a.m. to 5 p.m. Monday through Friday (Evenings by appointment)

# Parenting programs and support services





PO Box 1997 Milwaukee, WI 53201-1997

childrenswi.org



Kids deserve the best.

Madison office childrenswi.org/madison

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**KinderReady** is a home visiting program. It is free and voluntary. It helps parents with their child's development from birth to age 5. We can help you learn:

- How to support your child's physical, emotional and social development
- Ways to keep yourself and your kids healthy
- How to find resources

We do child development screenings when necessary.

Special Needs Adoption services help kids who have been separated from their biological families. Some of these kids may have been abused or neglected. They are connected with families who can provide the support and stability they need. Children's Wisconsin also provides respite for foster parents when needed.

## **Education and Employment Specialist**

**Program** supports parents in reaching their education and employment goals. We can help you:

- Talk through and set goals.
- · Look for jobs.
- Apply for jobs.
- · Get to job interviews.
- · Practice for job interviews.
- Write a resumé.
- · Get your driver's license.
- Sign up for benefits.
- Get your General Education Development Test (GED).
- Get your High School Equivalency Diploma (HSED).
- Sign up for classes and trainings.
- Connect to colleges and technical schools.

# Vitality Cafés: Nurture the spirit of family and well-being



Cafés are safe spaces where parents can talk about topics that matter to them like:

- The joys and challenges of parenting
- Lessening stress
- Improving personal well-being
- · How to strengthen your family
- New topics and themes each week
- Childcare and meals provided
- All are welcome

For more information, call (414) 739-0357 or email madisonoffice@childrenswi.org.