

Family Events

Ask the Expert

A New Perspective on Autism

April 9, 2025 5:30-6:30pm

Children's WI 705 S. 24th Ave, Wausau, WI 54401

Presented By: **Stephanie Hamann, MA, LPC**

Feeling lost in the world of autism? This workshop will help you gain fresh insights into your child's unique mind. We'll delve into sensory processing, different thinking styles, and communication strategies that truly connect. Leave with a renewed understanding and tools to strengthen your bond with your child.

**Free childcare provided. Registration is required!
Call 715-848-1457 to reserve a spot!**

Sensory Hour

3rd Tuesday of the Month, 10am-11am

February 18th, March 18th, April 15th, May 20th

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This monthly event is designed for kids to explore and engage in a variety of sensory activities in a calm and welcoming environment. Perfect for children of all sensory needs, this hour of play encourages creativity, social interaction and developmental growth.

Registration is required! Call 715-848-1457 to reserve a spot!

please note there is NO sensory hour for January

**SPACE IS LIMITED FOR EVENTS
REGISTRATION IS REQUIRED TO ATTEND
Call: 715.848.1457 or
Email: pdunn@childrenswi.org**

Valentines for Veterans

February 8th 10am-12pm

Children's WI 705 S. 24th Ave, Wausau, WI 54401



Drop in and make a valentine (or a few) for a veteran! Childrens will coordinate drop off and mailing to veterans both locally and abroad to make their Valentines Day full of love! Supplies provided, no registration required.

Yoga & Mindfulness for Parents to Manage Stress & Create Calm

March 10th 5:30-7 PM

Presented by: **5 Kosha's Yoga**

2220 Sherman St, Wausau, WI 54401

Join us for this free one time 90 minute session with 5 Kosha's teacher Karey Lynn!

When was the last time you took time for some self-care? Join other parents on a journey to connect within yourself and with others through the ancient practices of yoga and mindfulness to support your modern day living. Everyone has a unique response to stress and there is no "one size fits all" solution to managing it. This event offers you the opportunity to learn a variety of yoga and breathing strategies to cultivate calm and reduce stress. Experience mindful movements adapted to your needs.

Registration is required and limited to 15 participants

Liability and Health waivers required in advance

Call 715-848-1457 to reserve a spot!

Find us on...

facebook

'Children's Wisconsin-Marathon
County Family Resource Center'

Stay updated on our latest programming, and get great real-world parenting.



Children's Wisconsin
705 S. 24th Ave., Suite 400
Wausau, WI 54401
715-848-1457

pdunn@childrenswi.org

Find us on the web at childrenswi.org/wausau

PROGRAMS AND SERVICES

January- May 2025

Ongoing Services

Triple P ONLINE

This FREE online program promotes positive parenting! Choose from 4 available class options to fit your needs: **Standard (0-12yrs), Teen (10-17yrs), Fear-less (6+ with anxiety) and/or Baby.**

Courses are self-guided so parents can go at their own pace! Participants will be paired with a virtual parent educator for additional support and questions. Open to all parents and caregivers.

Register at triplep-parenting.com/Wisconsin

Parent Aide

This 4-6 month in-home program utilizes Triple P curriculum which promotes positive parenting practices and helps address and prevent a range of social, emotional, and behavioral problems in children and teens. **Call 715-848-1457 for more information or to sign up.**

Warm Line

This is your non-emergency connection to speak with an expert on the day-to-day trials of child rearing and receive practical parenting information, tools, and advice. Call 715-848-1457 and ask to speak with a Parent Educator.

LEAP

(Learning Essentials about Parenting)

Parenting is a joy, but challenging too! This 9-week series includes topics on: child development, communication skills, media, positive discipline techniques and more.

Mondays 6-7:30pm & 11:30-1pm on rotation

Childcare Provided!

Registration Required: Call 715-848-1457

Play and Learn

Wednesdays

9:30 am-10:30 am

Wausau Library
300 1st St, Wausau

Connect with others who have young children and enjoy early learning activities to enhance your child's development and promote school readiness.

Intended for children ages 0- 6yrs

Join us and have some fun!

Registration is NOT required to attend but families are asked to sign in upon arrival.