

# Infant and Pediatric Powdered Formula Recipes

\*\*\* All recipes made measuring water first, and then adding powder\*\*\*

You may use these recipes for any of the formulas listed below. If you are using a formula that is not listed, please talk to the clinical dietitian in your specialty area about mixing instructions.

Appropriate for:		Calorie/oz	Ounces of Water	Scoops of Powder
Similac Alimentum	Good Start Gentle/ Good Start GentlePro	20	2	1
Similac Organic	Good Start Soy			
Similac PM 60/40	Good Start SoothePro	22	5.5	3
Similac Total Comfort/Similac Pro-Total Comfort	Similac Soy Isomil			
Similac Advance/Similac 360 Total Care Advance	Similac Sensitive/Similac 360 Total Care Sensitive	24	6.5	4
Nutramigen with Enflora™ LGG (packed)	EleCare for Infants			
Enfamil NeuroPro Infant	Elecare Jr (Vanilla + Unflavored)	27	7	5
Enfamil NeuroPro Gentlease	Pregestimil (packed)			
Enfamil ProSobee	Bobbie	30	5	4
Enfamil Reguline	Enfamil Enspire Infant			
Enfamil A.R. (Don't mix > 24 kcal/oz)	Enfamil Premium A2			
Enfamil NeuroPro Sensitive	Enfamil Simply Organic			
Pure Bliss by Similac				

Appropriate for:		Calorie/oz	Ounces of Water	Scoops of Powder
Preemie Formulas including:	Enfamil NeuroPro EnfaCare	22	2	1
	Neosure	24	3.5	2
		27	8	5
		30	5.5	4

Appropriate for:		Calorie/oz	Ounces of Water	Scoops of Powder
Neocate Infant PurAmino Gerber Goodstart Extensive HA		20	1	1
		22	4.5	5
		24	2.5	3
		27	3.5	5
		30	2.5	4

Appropriate for:		Calorie/oz	Ounces of Water	Scoops of Powder
Neocate Junior		20	8	5
		22	7	5
		24	5	4
		27	6.5	6
		30	1	1

Note: Calories per ounce may not be exact due to the nature of this sheet.

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