| Date | | Overnight | Breakfast | Snack | Lunch | Snack | Diner | Bedtime | Ovenight | Comments |
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| | Time | | | | | | | | | |
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| Notes/Ketones | | | | | | | | | | |

| Date | | Overnight | Breakfast | Snack | Lunch | Snack | Diner | Bedtime | Ovenight | Comments |
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| Notes/Ketones | | | | | | | | | | |

| Date | | Overnight | Breakfast | Snack | Lunch | Snack | Diner | Bedtime | Ovenight | Comments |
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| 1/2/00 | Time | | | | | | | | | |
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| | Bolus | | | | | | | | | |
| | Grams | | | | | | | | | |
| Notes/Ketones | | | | | | | | | | |

| Date | | Overnight | Breakfast | Snack | Lunch | Snack | Diner | Bedtime | Ovenight | Comments |
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| 1/3/00 | Time | | | | | | | | | |
| | BG | | | | | | | | | |
| | Bolus | | | | | | | | | |
| | Grams | | | | | | | | | |
| Notes/Ketones | | | | | | | | | | |

| Date | | Overnight | Breakfast | Snack | Lunch | Snack | Diner | Bedtime | Ovenight | Comments |
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| 1/4/00 | Time | | | | | | | | | |
| | BG | | | | | | | | | |
| | Bolus | | | | | | | | | |
| | Grams | | | | | | | | | |
| Notes/Ketones | | | | | | | | | | |

| Date | | Overnight | Breakfast | Snack | Lunch | Snack | Diner | Bedtime | Ovenight | Comments |
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| 1/5/00 | Time | | | | | | | | | |
| | BG | | | | | | | | | |
| | Bolus | | | | | | | | | |
| | Grams | | | | | | | | | |
| Notes/Ketones | | | | | | | | | | |

| Date | | Overnight | Breakfast | Snack | Lunch | Snack | Diner | Bedtime | Ovenight | Comments |
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| 1/6/00 | Time | | | | | | | | | |
| | BG | | | | | | | | | |
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| Notes/Ketones | | | | | | | | | | |

| Weekly AVG | Overnight | Breakfast | Snack | Lunch | Snack | Diner | Bedtime | Ovenight | Comments |
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