

Guidelines for Diabetes management for medical procedures (surgeries, dental procedures)

- Schedule the procedure early in the day
- Notify clinic as far in advance as possible regarding date, time, and procedure being performed so we can provide advice regarding your insulin doses
- If the procedure is being performed at an outside facility, please provide that facility's contact information (fax and phone)
- DO NOT hold Lantus or Levemir the night before a procedure. We may advise you decrease the dose but we will not stop it.
- Better diabetes control usually leads to better healing post procedure
- Have your sick day guidelines ready to follow after the procedure
- Make sure you have ketone strips and clear (not red) liquids on hand
- Drink plenty of fluids following the procedure
- Take pain medication as prescribed