



Dear Family:

We are honored to provide your child's gastroenterology care for inflammatory bowel disease (IBD). We know IBD can affect all aspects of life, and we're interested in treating the whole person, not just GI symptoms. In addition, the American Academy of Pediatrics, the U.S. Preventive Services Task Force and ImproveCareNow (ICN) all recommend addressing physical, psychological, and social needs of patients.

To assist us in providing the best IBD care for your child, we are excited to welcome Dr. Brittany Gresl, pediatric health psychologist, to our IBD team. Dr. Gresl brings over 10 years of experience in working with children and families with chronic medical conditions and specializes in working with patients with GI disorders.

With Dr. Gresl on board, starting in December, we have started a new routine for IBD patients that involves checking in on their emotional health and wellbeing during regularly scheduled office visits. This routine screening will allow us as a team to monitor psychosocial functioning over time, target problem areas before they cause significant impairment, and integrate psychosocial health into a comprehensive treatment plan. We believe this change provides necessary integrated care for IBD patients and families that will allow us to continue to provide optimal care for your child.

If you have any questions or concerns about this, please talk to your healthcare provider. We are committed to providing high-quality health care for all our patients and thank you in advance for allowing us to participate in the care of your child.

Sincerely,

Your Healthcare Team