

Next Steps Clinic Survivor Healthcare Passport Recommended Follow-Up**Patient:** **DOB:** **Updated:**
Providers: Dr. I, APNP 414-266-2420

System	Exam	Time Frame
<i>All Survivors: History, Physical, Vision Exam Yearly, Dental Exam Every 6 Months</i>		
Subsequent Neoplasm	Routine cancer screening for subsequent neoplasms Inspection and palpation of skin and soft tissues in irradiated fields Self-skin exam/Self-breast exam Clinical breast exam Mammogram/breast MRI CBC	Ongoing Yearly and ongoing Yearly dermatology follow-up recommended Monthly Yearly Yearly starting in X As clinically indicated
Ophthalmology	Eye exam, screen for cataracts	Yearly
Hearing	Audiology follow-up	Yearly
Cardiology	Echocardiogram EKG Doppler Ultrasound of Neck Fasting lipid panel, fasting blood glucose, HbA1c	Every 2, 5 years Per Cardiology Baseline, then as clinically indicated Baseline, then as clinically indicated

		Baseline, then as clinically indicated
Renal	Blood pressure, BUN, Creatinine, Urinalysis, Electrolytes Urinalysis and blood pressure	Yearly
Pulmonary	Pulmonary Function Testing (PFT's)	Baseline, then as clinically indicated
Endocrine	Monitor growth and pubertal development Bone mineral density (dexa-scan), vitamin D level TSH, Free T4 FSH, LH, Testosterone, Inhibin B FSH, LH, Estradiol, AMH	Ongoing Baseline, then as clinically indicated Yearly Baseline at age 14 , then as clinically indicated Baseline at age 13, then as clinically indicated
Reproductive	Referral to Fertility Navigator/Reproductive Endocrinology Specialist	As clinically indicated
Neuro-cognitive	Neuro-psychologic testing	As clinically indicated for learning concerns

Gastrointestinal	Multi-target stool DNA test or colonoscopy	Beginning at age 30, then as clinically indicated
Musculoskeletal	Exam for scoliosis/kyphosis Orthopedic surgery follow-up	As clinically indicated As clinically indicated

Abbreviated Treatment History

Diagnosis:

Protocol:

Diagnosis date:

End of therapy date:

Chemotherapy	Dosage
Total isotoxic anthracycline dose: Mg/m2	
Daunorubicin	Mg/m2
Doxorubicin	Mg/m2
Cytarabine	Mg/m2
Methotrexate	Gm/m2
Ifosfamide	Gm/m2
Cyclophosphamide	Gm/m2
Cisplatin	Mg/m2
Carboplatin	Mg/m2
Vincristine, Asparaginase, Erwinase/Rylaze, Dexamethasone, Prednisone, Mercaptopurine, Thioguanine, Blinatumomab	

Significant Surgery and Date

Radiation Treatment		Start	End	Dose

For detailed Long-Term Follow-Up Guidelines (V6.0): www.survivorshipguidelines.org

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