

Although not required to receive consultation, please feel free to use this document to help plan and guide your consultation with the CPCP provider. Use all or part of this document to organize your thoughts if necessary as you are consulting.

What the psychiatrist will definitely need to know:

Child's Age/Sex

What is the consult question?

Further information that the psychiatrist might ask you:

How long has the current problem been noted (New-onset / chronic / recurrent)?

Why is this issue coming up now?

Is the child in a foster care placement/Out of home?

Where is the current problem notable? (Home / school / community / other place)

Current mental health diagnosis if known

Current mental health treater(s) if known

Current medication(s)

Previous tests or diagnostics ran and outcome

What might be helpful to know:

Past mental health treatment?

(Psychotherapy / inpatient hospitalization / wraparound / residential treatment / case management)

Past psychotropic medication trials?

Any history of abuse/neglect/trauma/out of home placement?

Any cognitive/intellectual/developmental delays?

History of self injury/suicide attempt/aggression to others?