

Community Weight Management Resources

Program	Description	Location	Price
NEW Kids Clinic	The NEW Kids program is designed for children age 2 to 18 with overweight or obesity and medical co-morbidity. Includes a nurse practitioner and dietitian assessment, nutrition education and goal setting. The program last about 6 months and include 5-6 visits 60-90 minutes each. Referral form can be found at: http://www.chw.org/medical-care/weight-management/	CHW campus	Variable per insurance coverage
CHW Dietitian Fee for Service	A registered dietitian will meet with the family and provide recommendations for weight management for children ages 2 and up. Call (262) 432-7703 for an appointment.	CHW New Berlin	\$\$
Healthy Choices (Elecciones Saludables)	Provides nutrition information, cooking, physical activity and stress management education for children and families. Meetings are 1 night per week for 12 weeks between 5:30pm-7:30pm on Mondays or Wednesdays. Adult classes are in Spanish; children's classes in Spanish/English. Children younger than 4 years of age are not allowed to attend sessions. Currently there are no babysitting facilities available during meeting times. For more information: 414-897-5293 or http://sschc.org/healthy-choices-program/10-week-program	Sixteenth Street Community Health Centers 1032 South Cesar E Chavez Dr. Milwaukee, WI	\$ families receive grocery gift card incentives for attendance
YMCA Healthy Weight and Your Child	Healthy Weight and Your Child is a three-month program for children with obesity. The program is family-based and is for 7- to 13-year-olds with the support of their families, to reach a healthy weight and live a healthier lifestyle. There are 25 sessions lasting 2 to 2.5 hours each. Both the child and parents attend the program. https://www.ymcamke.org/wp-content/uploads/2019/02/MKE-HWYC-Brochure.pdf	YMCA of Metropolitan Milwaukee	Call for more information on pricing
REDI Clinic	The clinic offers both individual and group services for children and adolescents struggling with eating habit. The individual services offered include psychotherapy, nutritional counseling, and psychiatry services. Options include weekly group meetings or Intensive Outpatient Program for children and adolescents, which meets 3 times per week. http://www.therediclinic.com/	2500 N Mayfair Rd #600 Wauwatosa, WI	Variable per insurance coverage
Bariatric Surgery	Laparoscopic weight loss surgery for adolescents and adult. Insurance companies may require a 3 to 6 month medically supervised weight loss effort prior to being considered a candidate for surgery. For more information: http://www.froedtert.com/bariatric-surgery or seek NEW Kids referral first for patients under the age of 18.	MCW	Variable per insurance coverage

Pricing key:

\$ = \$0- \$50

\$\$ - 50-\$200

\$\$\$ - \$200 +