

# Kosher Options

These are items from our patient menu that have any type of kosher symbols on the package. They are sent to your room unopened with wrapped disposable utensils. If you need additional assistance with menu choices please ask your nurse to contact the dietitian.

## Cereal and Yogurt

Cheerios  
Frosted Flakes  
Froot Loops  
Rice Chex

Yoplait vanilla yogurt  
Yoplait strawberry yogurt  
Yoplait blueberry yogurt

**Kosher Meals** subject to availability

We serve the My Own Meal brand; they are heated in the microwave unless requested otherwise. All meals arrive to your room sealed.

Cheese Tortellini  
Pasta Garden Vegetable

## Snacks

Rold Gold pretzels  
Lays potato chips  
Austin animal crackers  
Keebler graham crackers  
General Mills fruit roll-ups

## Fruits

Whole fresh fruit  
Banana, apple, orange, grapes (removed from stem)  
Musselman's applesauce

## Desserts

Popsicle  
Wholesome Farms Ice Cream  
Wholesome Farms Sherbet  
Nabisco Oreos  
Hunts Snackpack Pudding  
Hunts Snackpack GelSnacks  
J. Hungerford creamy caramel topping for apples or ice cream

## Beverages

16 oz. Kemps Milk skim, 2%, chocolate  
HC Plus juice  
Ice Mountain water  
Rice Dream vanilla rice milk  
Sprite or Sprite Zero  
Coke or Diet Coke

## Condiments

Zesta saltine crackers  
Jif peanut butter  
Smucker's grape jelly or strawberry jam  
Heinz ketchup  
Heinz mustard  
Sysco mayonnaise  
Wholesome Farms butter  
Smart Balance margarine  
Heinz barbeque sauce  
Diamond Crystal salt & pepper