

# Manual resuscitator bag

## Purpose

The manual resuscitator bag is used to give your child extra breaths.

Use the bag between suction passes, after suctioning, or whenever your child needs help to breathe.

The resuscitator bag also includes a mask. The mask has to cover both the mouth and nose. The mask size needs to be changed as your child grows. A smaller size mask can be considered for the stoma.



## Using the bag

1. Connect the bag to the tracheostomy tube.

If your child	Then
breathes on his or her own	Squeeze the resuscitator bag as soon as your child begins to breath in.
does <b>not</b> breathe on his or her own	Squeeze the bag at the same rate as the ventilator.

2. As you squeeze the bag, watch your child's chest rise.
3. As soon as your child's chest rises, release the bag.
4. Repeat this cycle of squeezing and releasing until your child is back to their baseline.

If your child	Then
has oxygen ordered	Use it when hand ventilating your child at the flow.
does not have oxygen ordered	Keep your child on room air.

## Cleaning the bag



1. Once a week, take the bag apart.
2. Wash all parts in warm soapy water.
3. Disinfect all parts using a mixture of vinegar and tap water. (1:1 Ratio)
4. Rinse all parts well with tap water.
5. Let all parts air dry completely.
6. Put the bag back together.
7. Cover the patient outlet port with your hand; squeeze the bag; the pop off valve should raise allowing air to escape.
8. Cover the patient outlet port and press down on the pop off valve simultaneously; the bag should not be able to be squeezed.
9. If you are able to hear or feel air during the tests above, check all connections making certain they are tight.

If the bag	Then
deflates	Check that all connections are tight. Be sure the yellow washers are laying flat and do not have holes.
does not deflate	The bag has been put back together correctly.

**Note:** Your home care company may give you a permanent or disposable resuscitator bag. Follow their recommendations for cleaning your type of bag.

### Special directions

- Always have the bag in the same room as your child.
- Always keep a back-up resuscitator bag in your GO BAG.
- Be sure one resuscitator bag is with your child when the other bag is being cleaned.
- If any of the washers have holes or are torn, call your home care provider.

**ALERT:** Call your child's doctor, nurse, or clinic if you have any questions or concerns or if your child has special health care needs that were not covered by this information.

**This sheet was created to help you care for your child or family member. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment and follow-up.**