

What is dander?

Dander is protein found in dead skin, pee, poop, saliva and hair of an animal. Dander causes allergy symptoms in many people. Dogs, cats and other animals with fur or feathers can release dander. These tips will help to minimize allergic reactions.

- Keep pets out of the bedroom. Do not sleep with a pet.
- Bathe and/or brush pets often.
- Do not touch your face or eyes after handling a pet.
- Wash hands after handling pets.
- Vacuum carpeting, floors and upholstered furniture at least once a week.
- Keep pets off of upholstered furniture.
- If possible, keep pets outside...
- Use HEPA air filters in areas where pets spend the most time.



ALERT: Call your child's doctor, nurse, or clinic if you have any questions or concerns or if your child has special health care needs that were not covered by this information.

This sheet was created to help you care for your child or family member. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment and follow-up.