

## Purpose

- To deliver medicines that treat wheezing and move secretions.
- To give inhaled corticosteroids and antibiotics.
- Another source for humidity.

## Supplies needed

- Nebulizer machine
- Medicines
- Nebulizer kit
  - Nebulizer cup
  - T-piece
  - Clear oxygen tubing



## Setting up the treatment

1. Wash your hands.
2. Put the Nebulizer cup together with a firm twist.
  1. Medicine can be added from the top.
  2. Tape one end of the T-piece.
  3. Put T-piece on top of the Nebulizer cup.
6. Connect the nebulizer cup to the nebulizer machine by using the clear oxygen tubing.
7. Use the 6 inch flexible tubing and trach mask from the trach collar set up.
8. Turn the nebulizer machine on.

**Note:** If your child uses oxygen, use your child's oxygen instead of the nebulizer machine, **Increase the flow to 6 - 8 LPM.**

## Cleaning the equipment

### After each treatment

1. Place the child back on the equipment they used before (for example, a trach collar).
2. Rinse the nebulizer cup and T-piece with warm water.
3. Air dry on a clean cloth.

## Cleaning the equipment continued

### Every night

1. Wash the nebulizer cup and T-piece with warm soapy water.
2. Rinse well.
3. Air dry on a clean cloth.

### Weekly

Replace the nebulizer kit.

## Special directions

Follow the instructions from your child's home care provider if using more than one nebulizer kit per week.

**ALERT:** Call your child's doctor, nurse, or clinic if you have any questions or concerns or if your child has special health care needs that were not covered by this information.

**This sheet was created to help you care for your child or family member. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment and follow-up.**