

# Stepping Stones to Home for NG Tube and Bridle



What I need to know and do to get us ready to go home.

I can tell you why my child is being sent home with an NG tube.

I can tell you where to find the bridle website and online videos.

I can tell you ways to keep my child comfortable.

I can show you how to secure the NG tube.

I can tell you how to care for the skin around the nose.

I can show you how and tell you when to flush the NG tube.

I can tell you how to feed my child by mouth.

I can show you how to feed my child through the tube.

I can show you how to give medicine through the tube.

I can tell you who to call if I have a concern.

I can tell you what to do if the tube comes out or the bridle is not working,

I can tell you what needs to happen to have the NG tube and bridle removed.

I can tell you why my child may need a G Tube after 2 months.

I can tell you when my child will have their tube and bridle changed.

We are ready to go home!



# Stepping Stones to Home

Being in the hospital can be stressful for you and your child. Before you take your child home, we will work with you to plan for your child's discharge. We want to make sure you know what to do and how to do it. We will make sure you:

- Understand your child's condition, treatments, and medicines.
- Know what problems to look for, what to do, and who to call if you have questions or concerns.
- Feel ready to take your child home.
- Have an interpreter present.

This process will start when we first meet you. We will use this *Stepping Stones to Home* sheet. It helps us make sure you understand everything that is important to care for your child. Every circle is something you may need to know about.

We will talk about your child's care every day. We will ask you to teach-back to us these items on the stepping stones. We want to make sure we explained everything you need to know in ways you understand. If we are not clear, we will explain it another way.

If you don't understand something about your child's care, please ask. It is very important that you are comfortable and feel confident to take care of your child safely at home.

## Notes or Questions

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