

Stepping Stones to Home with ACTH for _____



What I need to know and do to get us ready to go home.

I can tell you why my child is getting ACTH shots.

I can tell you when my child's shots are due.

I can tell you how much ACTH my child needs.

I can tell you about ACTH's side effects

I can show you how to use the test strips.

I can tell you why and when to use test strips to check for sugar in my child's urine.

Another caregiver has practiced and given my child 2 shots.

I can show you how to give my child's shots.

I can show you how to draw up the ACTH from the bottle.

I can tell you why and when to check for blood in my child's poop.

I have urine and stool test strips for my child at home.

My child's ACTH has been delivered to my home.

I can show you how to give my child's shots with practice materials.

I can show you how to check for blood in my child's poop.

I know who to call with questions.

We are ready to go home!

Finish



Stepping Stones to Home

Being in the hospital can be stressful for you and your child. Before you take your child home, we will work with you to plan for your child's discharge. We want to make sure you know what to do and how to do it. We will make sure you:

- Understand your child's condition, treatments, and medicines.
- Know what problems to look for, what to do, and who to call if you have questions or concerns.
- Feel ready to take your child home.
- Have an interpreter, if you need one.

This process will start when we first meet you. We will use this *Stepping Stones to Home* sheet. It helps us make sure you understand everything that is important to care for your child. Every circle is something you may need to know about.

We will talk about your child's care every day. We will ask you to teach-back to us these items on the stepping stones. We want to make sure we explained everything you need to know in ways you understand. If we are not clear, we will explain it another way.

If you don't understand something about your child's care, please ask. It is very important that you are comfortable and feel confident to take care of your child safely at home.

Notes or Questions
