

# Stepping Stones to Home for \_\_\_\_\_

## After Spine Surgery



Start

What I need to know and do to help us get ready to go home.

I can tell you how to use the pain scale to check my child's pain.

I can tell you ways to help my child's comfort besides using medicine.

I can show or tell you how to give my child's medicines and the side effects to watch for.

I can show or tell you how to use the medication chart.

I can tell you what signs of infection to watch for and what to do if I see them.

I can tell you about my child's diet and how to limit constipation.

I can show how to care for my child's incision.

I can tell you how and how often to reposition my child.

I can tell you when and where I will get my child's medicines.

I can show you how:

- To get my child out of bed to stand and walk.
- To move my child to a wheelchair.

I can tell you who to call if I have a question or concern.

I can tell you about my child's follow-up tests and appointments.

My child's discharge goals have been met.

Home



