

# Stepping Stones to Home for \_\_\_\_\_ (with asthma)



What I need to know and do to help us get ready to go home.

I can tell you about my child's asthma.

I can tell you what triggers make my child's asthma worse.

I can tell you about my child's medicines and how I will get them.

I can show you how to give my child's medicines.

I can tell you about my child's activity plan.

I can tell you how to use the asthma plan & where I will keep it.

I can tell you what emergency signs to look for and how I will respond.

I can tell you when my child's next treatment is and how much medicine to give.

I can show you how to use my child's spacer or nebulizer.

I can tell you who I can call when I have a concern.

I can tell you how we will get home and to our appointments.

I can tell you about my child's follow-up appointments.

My child's discharge goals have been met.



