

Stepping Stones to Home for _____



What I need to know and do to get us ready to go home.

I can tell you about my child's kidney numbers

I can tell the best ways to help prevent rejection and infection.

I can tell you the symptoms of rejection and infection and how to respond.

I can tell you how much my child should drink each day.

I can tell you when I should call the transplant team.

I can tell you about timing for my child's medicines.

I can tell you about my child's medicines and their medication calendar

I can tell you how my child should take their medicines.

I can tell you about my child's diet.

I can tell you about my child's activity plan.

I can tell you what other clinics my child will need to see.

I shared the best way to reach me with the transplant team.

I can tell you how often my child needs a follow up or lab appointment

I can show you how to set up my child's medicine (pill) box.

We are ready to go home!



Stepping Stones to Home

Being in the hospital can be stressful for you and your child. Before you take your child home, we will work with you to plan for your child's discharge. We want to make sure you know what to do and how to do it. We will make sure you:

- Understand your child's condition, treatments, and medicines.
- Know what problems to look for, what to do, and who to call if you have questions or concerns.
- Feel ready to take your child home.
- Have an interpreter if you need one.

This process will start when we first meet you. We will use this *Stepping Stones to Home* sheet. It helps us make sure you understand what is important to care for your child. Every circle is something you may need to know about.

We will talk about your child's care every day. We will ask you to tell us about the items on the stones. We want to make sure we explained everything you need to know in ways you understand. If we are not clear, we will explain it another way.

If you don't understand something about your child's care, please ask. It is very important that you are comfortable and feel confident to take care of your child safely at home.

Notes or Questions
