

# Weight Co-Management Guidelines

Adolescent Metabolic Bariatric Surgery Program (Collaborating with Froedtert Bariatric Surgery Program with Dr. Tammy Kindel)

These guidelines support referring patients with obesity. Guidelines include criteria for referral to Lifestyle Medicine Collaborative, NEW Kids, Endocrinology and Healthy Hearts programs. To support collaborative care, we have developed guidelines for our community providers to utilize when referring to, and managing patients with, the pediatric specialists at Children's Wisconsin. These guidelines provide protocols for jointly managing patient cases between community providers and our pediatric specialists.

Diagnosis/symptom:	Referring provider's initial evaluation and management:	When to initiate referral/consider referral to Metabolic Bariatric Surgery:	What can referring provider send to Bariatric Surgery Program?	Specialist's workup after referral to Bariatric Surgery will likely include:
<p><b>Signs and symptoms</b></p> <p>Patient should be a minimum of 13 years of age or older*.</p> <p>BMI &gt;35 with ≥1 comorbid condition or any patient with a BMI ≥40 with/without comorbid issues</p> <p>Exclusions: Suicide attempt in the last 12 months; Prader-Willi syndrome.</p>	<p><b>Diagnosis and treatment</b></p> <p>Diagnosis is based on lab work, BMI, lifestyle changes and possible medication.</p>	<p>On a patient-to-patient basis or families/patients who are requesting this.</p>	<p><b>In order to help triage our patients and maximize the visit, please include:</b></p> <ul style="list-style-type: none"> <li>• Growth charts</li> <li>• Chief complaint, onset, frequency</li> <li>• Recent progress notes</li> <li>• Urgency of the referral</li> <li>• Labs and imaging results</li> <li>• Other diagnoses</li> <li>• Office notes with medications tried/failed in the past and any lab work that may have been obtained regarding this patient's problems</li> </ul>	<ul style="list-style-type: none"> <li>• History, physical, lab work and referral to Dr. Tammy Kindel for an evaluation for metabolic bariatric surgery</li> <li>• May include monthly weight loss management visits between NEW Kids &amp; Bariatric</li> <li>• Bariatric assessment will include surgeon, MD, APP, dietitian and psychologist.</li> <li>• NEW Kids Program (414) 607-5280</li> <li>• Froedtert Bariatric Surgery program (877) 770-5673</li> </ul>

## Send referrals to Children's NEW Kids Clinic.



### • Internal referral via Children's Epic

Send an ambulatory referral to *NEW Kids Clinic*.  
Referral to Dr. Tammy Kindel.

### • External referral via Epic

Please use the NEW Kids referral form on the website found at: [childrenswi.org/newkids](http://childrenswi.org/newkids)\*

\*Add in the comment section "Referral for Bariatric Surgery."

### • Via fax

(414) 607-5288

### • Via phone

(414) 266-2420



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Wisconsin

Kids deserve the best.

For questions concerning this work, contact [mdconnect@childrenswi.org](mailto:mdconnect@childrenswi.org)

#### Medical Disclaimer

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\*Per AAP guidelines (2023) and approved by Specialty Medical Leader, CSG Clinical Integration, CMG Clinical Guidelines Core Team

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