

# Decision making worksheet

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Instructions:** Write down three different decisions that you have made, or have to make this week. Go through the five steps to making a decision and write down your answers. Then, sit down and talk with a parent or caregiver about a decision that they have had to make that affects your family. Together, work through the five steps to making a decision and write down your answers.

Decision #1: \_\_\_\_\_

1. Define the situation.

2. Look at your options.

3. List the positives and negatives of each option.

4. Make your decision.



5. Evaluate the results.

Decision #2: \_\_\_\_\_

1. Define the situation.

2. Look at your options.

3. List the positives and negatives of each option.

4. Make your decision.

5. Evaluate the results.

Decision #3: \_\_\_\_\_

1. Define the situation.

2. Look at your options.

3. List the positives and negatives of each option.

4. Make your decision.

5. Evaluate the results.

Family decision: \_\_\_\_\_

1. Define the situation.

2. Look at your options.

3. List the positives and negatives of each option.

4. Make your decision.

5. Evaluate the results.

