

Bullying Lesson: Worksheet

Name: _____ Date: _____

Instructions: Complete this worksheet as you work through the Bullying Lesson.

1. What is the definition of bullying?

2. List two examples of bullying.

a. _____

b. _____

3. List two things you could do if you are being bullied.

a. _____

b. _____

4. List two things a bystander can do to help in a bullying situation.

a. _____

b. _____



5. List two trusted adults that you would feel comfortable talking to about a bullying situation.

a. _____

b. _____

6. How is conflict different than bullying?

