

## Educator guide: Carnival darts game

### **Recommended for grades:**

2<sup>nd</sup>

### **Time:**

6 minutes

### **Prerequisites:**

In order for students to be successful in the game, students would benefit from participating in the following lessons:

- Bullying lesson (2<sup>nd</sup> grade)
- What to do lesson (2<sup>nd</sup> grade)
- Calming down lesson (2<sup>nd</sup> grade)
- Tattling and telling lesson (2<sup>nd</sup> grade)

### **National Health Education Standards:**

This activity aligns with the following National Health Education Standards:

- Standard 1: Use functional health information to support health and well-being of self and others.
- Standard 4: Use interpersonal communication skills to support health and well-being of self and others.

For more information about the National Health Education Standards, visit the SHAPE America website: [shapeamerica.org](http://shapeamerica.org).

### **Learning objectives:**

After completing this activity students will be able to:

1. Define bullying as when someone uses his or her power unfairly and repeatedly to hurt someone else.
2. Differentiated between bullying behaviors and non-bullying behaviors.
3. Differentiate between tattling and telling, when given video scenarios for both behaviors, and describe to the class why they are different.

**Activity description:**

In the Carnival darts activity, students will answer questions about what they have learned about bullying prevention to score points and earn virtual game prizes. Students will click the screen to throw a dart and if it hits a balloon they will be asked a question worth 10, 20 or 30 points.

# Supplemental activity: Anti-bullying poster

## **Objectives:**

After completing this activity students will be able to:

- Create an anti-bullying poster and explain their poster to at least one other person.

## **Materials needed:**

- Poster board, paper or construction paper
- Markers, pencils or assorted art materials

## **Time required:**

60 minutes

## **Instructions:**

Students will be creating their own anti-bullying posters. Encourage students to include messages around what bullying is, what to do if you are bullied or see someone else being bullied, being a good friend etc.

Once posters are complete, have a sharing session where students can explain their poster to at least one other person. You could have a family night where the posters are shared, or posters could be available for families to view during conferences or other events held at school. Ideally, posters will be hung in an area of the school where all can see and benefit from them.

# Transcript

Correct answers are in bold.

## Questions

- Is yelling a good way to calm down when you're angry?
  - Yes (No, that's not correct. Yelling is not a good way to calm down when you're angry.)
  - **No** (You're right! Yelling is not a good way to calm down when you're angry.)
- Is counting to ten a good way to calm down when you're angry?
  - **Yes** (Absolutely! Counting to ten is a great way to calm down when you're angry.)
  - No (Sorry! Counting to ten is a great way to calm down when you're angry.)
- Which is the best way to calm down when you're angry?
  - Calling someone names (Sorry! Calling someone names is never a good idea.)
  - Throwing something (Sorry! Throwing something could hurt someone.)
  - **Singing** (You're right! Singing your favorite song out loud can help you calm down.)
- If you talk to an adult about a serious situation where someone could get hurt is that tattling or telling?
  - Tattling (Sorry! Talking to an adult about a serious situation is called telling.)
  - **Telling** (Correct! It's always important to tell an adult about a serious situation.)
- What is it called when you go to an adult and try to get someone in trouble for something that's not very important?
  - **Tattling** (Right! That's tattling.)
  - Telling (Sorry! That's tattling!)
- If you talk to a teacher at school about someone skipping line, just to get them in trouble, is that tattling or telling?
  - **Tattling** (Right! That's tattling.)
  - Telling (Sorry! That's tattling.)
- If you talk to your mom about some kids at school who tell you every day that you can't play with them at recess, is it tattling or telling?
  - Tattling (Sorry! That's telling.)
  - **Telling** (Right! That's telling and your mom may be able to give you some help.)

- All bullying situations are serious and an adult needs to be told about them.
  - **True** (You're right! An adult should always be told about bullying situations.)
  - False (Sorry! An adult should always be told about bullying situations.)
- Bullying is when someone hurts another person on purpose.
  - **True** (Great job! Bullying is when someone hurts another person on purpose, and it usually happens more than once.)
  - False (Sorry! Bullying is when someone hurts another person on purpose, and it usually happens more than once.)
- Is calling someone names every day bullying?
  - **Yes** (Correct! Calling someone names every day is bullying.)
  - No (Sorry! Calling someone names every day is bullying.)
- Is arguing with a friend over what game to play bullying?
  - Yes (Sorry! Arguing with a friend over what game to play isn't bullying.)
  - **No** (You're right! Arguing with a friend over what game to play is not bullying.)
- Is teasing someone every day bullying?
  - **Yes** (You got it! Teasing someone is bullying, especially when it happens more than once.)
  - No (Sorry! Teasing someone every day is bullying.)
- Should you push or shove someone if they are calling you names?
  - Yes (Sorry! You should never push or shove someone.)
  - **No** (Correct! You should never push or shove someone.)
- Which of these is the best thing to do in a bullying situation?
  - Run away and hide (Sorry! Running and hiding isn't going to stop the bullying.)
  - **Say "Whatever" and walk away** (You got it! Sometimes acting like you don't care will cause the bully to stop because they're not getting the reaction they want.)
  - Kick them and run away (No way! Kicking someone is never a good solution.)
- Which "I statement" is best to use in a bullying situation?
  - I'm going to get my big brother to beat you up. (Sorry! Threatening someone is not an "I statement", and it's never a good idea. )
  - I think you stink too. (Sorry! Telling someone they stink is not an "I statement".)
  - **I don't like it when you call me names and I need you to stop.** (Great job! This is a great example of an "I" statement.)

- What is a word for showing that you understand and care?
  - Bullying (Sorry! Bullying does not mean that you understand and care.)
  - **Empathy** (You got it! Empathy means that you understand and care.)
  - Tattling (Sorry! Tattling does not mean that you understand and care.)
- Inviting someone to sit at your table after they were told they couldn't sit at another table is a good way to show empathy.
  - **True** (You're right! Inviting someone who has been left out to join you shows that you care.)
  - False (That's not right. Inviting someone who has been left out to join you shows that you care.)
- Bumping into someone by accident is bullying.
  - True (Sorry! Remember, bullying is when someone hurts someone else on purpose.)
  - **False** (You got it! If it's truly an accident then it's not bullying.)
- Sometimes kids bully others just because they're bigger or have more friends than the other person.
  - **True** (You're right! It may make that person feel powerful, but that's never ok.)
  - False (Sorry! Sometimes kids do bully others just because they're bigger or have more friends, but that's never ok.)
- Does Zink the Zebra have stripes or spots?
  - Stripes (Sorry! Zink the Zebra actually has spots.)
  - **Spots** (You got it! Zink the Zebra has spots.)

#### Small prize

You've earned enough points for a small prize. Select the one you would like.

#### Medium prize

You've earned enough points for a medium prize. Select the one you would like.

#### Large prize

You've earned enough points for a large prize. Select the one you would like.

#### Win 3 prizes

Congratulations! You've won all three prizes! Click the play button to play again.

#### Win 2 prizes

Good job. You've won two of the three prizes. Click the play button to try to win all three.

#### Win 1 prize

Game over. You've only won one prize. Click the play button to try to win all three.



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