

# Healthy relationships lesson worksheet

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Instructions:** Complete this worksheet as you move through the Healthy relationships lesson. You will need to either save the worksheet to your computer or print it out and write in your answers. If you open the worksheet and forget to save it before typing, you will lose all of your work.

1. List the four main characteristics of a healthy relationship.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_

2. What does being a good friend mean to you?

3. List two trusted adults in your life.

- a. \_\_\_\_\_
- b. \_\_\_\_\_

4. If you try to talk to an adult about something important and they are too busy, what could you do?

