

# Inhalants worksheet

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Instructions:** Complete this worksheet as you move through the Inhalants lesson.

1. List four examples of inhalants.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_

2. List three short-term effects of inhalants.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

3. List three long-term effects of inhalants.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_



4. What is sudden sniffing death syndrome

5. What is one new activity you'd like to try in the next year?