



Dance for the sun - lyrics

sun salutation
dance for the sun
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dance for the sun
I can do it
you can do it
we can do a sun salutation
stretch up high - wave to the sun hang down low - tickle your toes
feet jump back - just like a frog
belly on the ground - just like a snake look toward the sun
now downward dog
and breathe, and breathe
feet jump up - just like a frog
hang down low - tickle your toes stretch up high - wave to the sun mountain pose - look
what you've done (repeat)
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