

Educator guide: “Next Part” song

Recommended for grades:

7th grade

Time:

3 minutes

Activity description:

“Next Part” is a fun, high energy hyper pop song, written and performed by The Figureheads, that talks about making healthy choices and decisions each day. It also talks about the importance of having positive influences and not using alcohol and other drugs.

The Figureheads is a Parents' Choice Gold Award winning musical act providing powerful and positive messages for youth about lifelong learning, healthy relationships and personal development. For assembly and workshop or artist residency booking, contact Jeremy at figureheadsinc@gmail.com or 414-520-3275 or [Facebook.com/figureheadsinc](https://www.facebook.com/figureheadsinc).

Vocabulary:

Use the following list of vocabulary as a reference for yourself or your students as you complete the “Next Part” song. You may choose to use this list in any way that fits your needs.

- Addiction – a condition or disease in which a person is unable to stop using a substance or engaging in a behavior
- Health behaviors – actions that individuals take that affect their health
- Influence – anything that has an effect on feelings, actions, behaviors and beliefs
- Peer pressure – when people your age try to influence how you act or try to get you to do something
- Social group – two or more people who interact with each other, have a characteristic in common or a common identity

“Next Part” lyrics

Lyrics by Jeremy Bryan
Chorus vocals by Lee Harrill
Produced by Remnant Johnan (Wood Varnish)
Mixed and mastered by Lee Harrill

Chorus:

This is just the beginning
Every moment is a fresh start
These are the decisions
That carry us to the next part of our story
Every moment is a fresh start
These are the visions
That will carry us to the next part of our story

Verse 1:

Every day is a fork in the road
Which way should we go?
And how do we know
Just listen for the whisper of the wind as it blows saying
Every day is a chance to change
Every moment a path to take
Your future is on the move and it's something you cannot shake
It's a fresh flowin' wind sayin' go for the win
And keep on goin' goin' in
The time is now, today is the day
To make a good choice, like a mark on the way
Every day is a fight for the story of your life
What will the story you live look like
Will it be a tragedy?
Under the influence of drugs
Or will it be a victory
A comedy of becoming really free
Pursuin' what's good and makin' real friends
Pushin' for a life that's worth more in the end

Chorus



Verse 2:

Habits work both ways
For good or ill
It just depends on what kind of foundation you wanna build
Develop real skills, or develop an addiction
For real purpose there's no pill or prescription
Listen to your life
And you'll sense what's right
Livin' for the pleasure you fade into the night
Cuz the high is a lie, a mirage
The party life is an empty cause
Real life is joy mixed with pain
That's what creates real change
True friendship, hard work
These things are of infinite worth
Real purpose leads to real pleasure
Wisdom worth more than a treasure
So go hard for the things that matter
Cuz a life of substance abuse will scatter
Are you living in the moment, are you living in the past
Are you living for a future that you know is gonna last?
Are you living in the moment, are you living in the past
Are you living for a future that you know is gonna last?
Every win, every loss
Every road you cross
There's not a drug on the planet that could help you understand that love is the way
across

Chorus

Every moment is a fresh start
These are the visions
That will carry us to the next part of our story



Supplemental activity: Write your own verse activity

Materials needed:

- Copies of the Write your own verse worksheet (included on the next page)
- “Next Part” lyrics

Time required:

45 minutes

Instructions:

This activity, which can be done individually or in small groups, will give students the chance to write their own lyrics to go along with the “Next Part” music. The “Next Part” song webpage includes a version of the song that contains the chorus vocals with the verse vocals removed so students can write their own verses about the influences in their lives.

Providing students with a copy of the “Next Part” song lyrics could help give them ideas about how to begin. Encourage students to write about the influences in their lives and how different influences can impact their behavior.

Write your own verse worksheet

Name: _____ **Date:** _____

Instructions: Complete this activity after listening to the “Next Part” song. There is a version of the song that includes the chorus vocals, but the verse vocals have been removed. By yourself or in a small group, write your own verses for the “Next Part” song.

Try to write about different influences in your life and how those influences can impact your behavior. You can write about influences that are positive or negative, influences at home or at school or you can use the “Next Part” lyrics for some ideas.

Chorus:

Every moment is a fresh start
These are the decisions
That carry us to the next part of our story
Every moment is a fresh start
These are the visions
That will carry us to the next part of our story

Verse 1:

Chorus

Verse 2:

Chorus



Acknowledgements

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