

Pressure Lesson Worksheet

Name: _____

Date: _____

Instructions: Complete this worksheet as you move through the Pressure Lesson.

1. List four ways to get out of a pressure situation.

a. _____

b. _____

c. _____

d. _____

2. List four examples of inhalants.

a. _____

b. _____

c. _____

d. _____

3. List three short-term effects of inhalants.

a. _____

b. _____

c. _____

4. How long does the high from inhalants usually last?



5. List three long-term effects of inhalants.

a. _____

b. _____

c. _____

6. What is sudden sniffing death syndrome?