

Journaling activity worksheet

Name: _____ Date: _____

Instructions: Complete the following statements. You may use an extra sheet of paper if you prefer.

Of all the places I spend time each day (home, school, outside etc.) I feel the safest:

Why?

Of all the places I spend time each day (home, school, outside etc.) I feel the least safe:

Why?

Here is what I think adults need to do to help prevent bullying:

If I see another student being bullied, this is what I will do to help: