

# Transition to High School Resources

It's normal to feel somewhat apprehensive about moving on to high school. But remember that lots of other incoming freshmen are feeling the same way you are. And it's important to know that there are lots of resources out there to help make your transition as smooth and worry-free as possible. Here is a list of websites that provide additional information on the topics discussed in the Transition to High School Activity. Don't forget that parents, older siblings, teachers and counselors are also great resources when you have questions or concerns.

- Children's Wisconsin, [ParentsActNow.com](https://www.parentsactnow.com)
- Cyberbullying Research Center, [cyberbullying.org](https://cyberbullying.org)
- TeensHealth, [teenshealth.org](https://teenshealth.org)
- U.S. Department of Education, <https://www.ed.gov/about/offices/list/ocr/docs/ocrshpam.html>
- U.S. Department of Health and Human Services, [stopbullying.gov](https://stopbullying.gov)

