

Vaping perceptions versus reality worksheet

Name: _____ Date: _____

Instructions: Start by finding the most recent Youth Risk Behavior Survey results for the state you live in. If the results are not available for your state, find the national-level data and complete the activity for the country as a whole.

The Youth Risk Behavior Surveillance System (YRBSS) keeps all of the data over time, and the CDC website (cdc.gov) is a good place to start. Be sure to search for YRBSS. Then, answer the following questions by yourself or in a small group.

1. What percentage of high school students currently vape?

- a. Is this number higher or lower than what you expected?

- b. What does this tell you about what you thought was happening, and what students actually report about current vape use?

2. What percentage of students reported first-time vape use before the age of 13?

- a. Is this number higher or lower than what you expected?

- b. What does this tell you about what you thought was happening and the percent of students that tried vaping before the age of 13?

3. Now, choose another result that you think is surprising or interesting. What is the topic the question focuses on?

- a. What surprised you or interested you about this result?

4. What did you find out about what you thought your peers were doing versus what they are actually doing?