Parenting programs and support (available in English and Spanish)



Healthy Families Rock County[™] is a free home visiting program that works with families to encourage healthy prenatal and child development, strengthen parenting skills and connect families to community resources and support. Women are eligible to enroll any time during pregnancy and after birth with a child up to 3 months of age. Personalized services can be provided until the

Rock County Family Resource Center

is located inside the Children's Wisconsin Janeseville Office. It serves all families for free. The Center provides a safe and calm place for parents to find information, join parenting classes and enjoy family activities.

Parenting classes are offered on a variety of topics include discipline, communication, growth and development, lessening stress and improving self-esteem and nutrition. Call to register.

Play and Learns offer the opportunity to meet other parents with young children ages birth to 5. Participate in early learning activities with music, story time and more to enhance your child's development and promote school readiness.

Additional resources:

- Warm line: Call (608) 314-9006 during office hours for non-emergency parenting advice on the day-to-day challenges of raising kids.
- Cribs for Kids®
- Lending library
- Care Closet
- Family computer lab
- Family events



Janesville office

child reaches age 3.

(608) 314-9006 32 E. Racine Street, Suite 190 Janesville, WI 53545

Healthy Families

Rock County[®]

childrenswi.org/janesville



Open your phone's camera, and scan this QR code to sign up to get started.



Kids deserve the best.

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