



# NG Bridle Program

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Children's  
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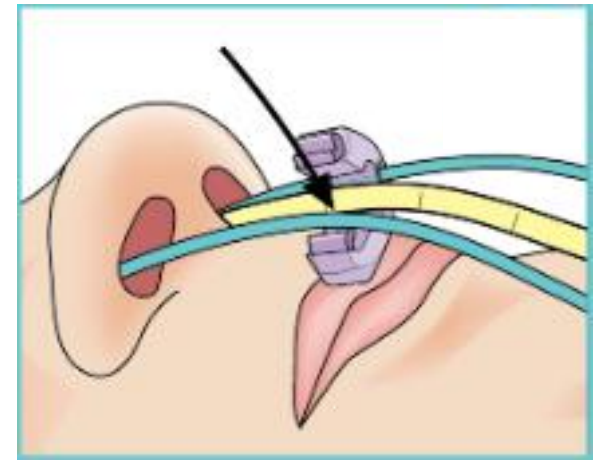
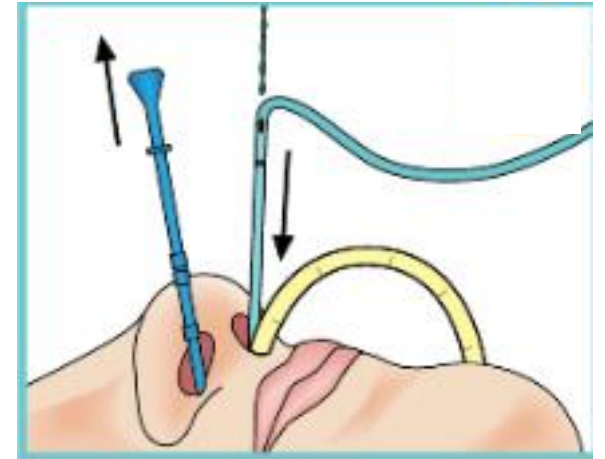
# What is a bridle?

- A nasal bridle is a way to help keep the NG tube in place



# How is a bridle put in?

- A provider with special training will place the bridle.
- This can be done in the hospital or at a clinic visit.
- A special clip is attached to the end of the thin tube, outside the nose. This clip holds the NG tube in place.
- Knots will be tied in the bridle tube to help secure the NG tube.



# Is a bridled NG tube a good choice for my child?

- A bridle helps keep the NG tube in place while your child works on eating by mouth.
- You will need to keep in touch with NG Bridle Team after discharge by phone or MyChart.
- Your child may be watched in the hospital for 24 hours after the bridle is placed to make sure it is safe to go home.
- Your nurse will help you complete the *Stepping Stones to Home for NG Bridle* before you go home.



# NG Bridle Care Team

- Speech therapist
- NG bridle clinician
- Child life
- Social work
- Dietitian
- GI doctor or nurse practitioner



# Stepping Stones to Home for NG Tube & Bridle



Start

What I need to know and do to get us ready to go home.

I know why my child is being sent home with an NG tube

I can tell you where to find the bridle website and online videos

I can tell you ways to keep my child comfortable

I can show you how to secure the NG tube.  
 Tape  
 Clothing Clip  
 Headband

I can tell you how to care for the skin around the nose

I can show you how and when to flush the NG tube

I can tell you how to feed my child by mouth

I can show you how to feed my child through the tube

I can show you how to give medicine through the tube

I can tell you who to call if I have a concern

I can tell you what to do if the tube comes out or the bridle is not working

I can tell you what needs to happen to have the NG tube and bridle removed

I know that after 2 months my child may need a G Tube

I can tell you when my child will have their tube and bridle changed

We are ready to go home!

Finish



# How do I care for a bridle clip?

- Check your child's skin every day for redness, sores or pain.
- Clean the parts of the bridle you can see with mild soap and water daily.
- Use a soft cloth or cotton swabs to clean the bridle and tube.
- Clear mucus from the nose with a bulb suction.
- Put Aquaphor on the skin around the bridle clip 1-2 times a day.
- You do not need to use tape on the face.
- Clip or tape the NG to your child's clothes to keep it from getting pulled.



How often does the bridled NG tube **need** to be changed?





# What needs to happen to get the bridle and tube removed?



# How long will my child have a bridled NG tube?

**4 to 8 weeks**

- After 8 weeks, a plan for a more permanent feeding tube will be made.
- A bridled NG tube can be taken out when it is no longer needed.

# Taking the bridled NG tube out

- Only a trained medical professional should remove a bridle.
- In an emergency, you may be told to go to the emergency room to have the bridle removed or replaced.



# Common things to expect when your child has a bridled NG tube

- Stuffy nose
- Noisy breathing
- Possible bloody nose
- Being crabby for a day or two after placement
- Crying or fussing if the NG tube gets tugged
- Ask your doctor or nurse if it is okay to give Tylenol for discomfort



# When to call the doctor

- Contact the doctor if your child has
  - Redness or sores in or around the nose or upper lip
  - A bloody nose that bleeds longer than 10 minutes
  - A hard time breathing
  - The NG tube gets pulled out more than an inch or all the way



# FAQ to be discussed with NG Bridle Nurse

Does a bridled NG tube hurt?

Does the bridled NG tube effect my child's ability to eat by mouth?

Can my child get an bridled NG tube instead of a G Tube?

A bridled NG tube is not a replacement for a G Tube.

Does the bridled NG tube cause vomiting?

Does the bridled NG tube lead to more illnesses?