Recommended room service foods for an **egg free diet**

Some foods from the general patient menu may not be included on this menu as we are unable to check all food labels. If you have questions about this menu or your diet, call (414) 266-3663.

Breakfast

Cheerios

Frosted Flakes

Fruit Loops

Lucky Charms

Rice Chex

Oatmeal

Toast white, wheat, cinnamon &

sugar

Strawberry Pop Tart

Bacon

Sausage

Tater Tots

Yogurt assorted flavors

Sides

Broccoli

Carrots

Corn

Green beans

Peas

French fries

Tater tots

Baked potato

Ask about the assortment of toppings

Mashed potato

White rice

Refried beans

Soft corn tortilla

Tossed salad French

or Italian dressing

Lunch and Dinner

Deli sandwich turkey, ham, Swiss, cheddar, or American cheese

Peanut butter and jelly sandwich

Tomato soup

Beef or chicken broth saltine crackers

Beef hot doa

Chicken strips

Cheese pizza pepperoni, ham, mushrooms, green pepper, onion

Hamburger, cheeseburger or

veggie burger American, Swiss, or cheddar

Grilled cheese sandwich

Grilled ham & cheese sandwich

Grilled chicken breast

sandwich

Grilled chicken breast (boneless)

Roast turkey

Spaghettios

GF noodles with marinara

sauce

Snacks

Carrot and celery sticks

Baked Lays

Lays Potato Chips

Soft hot pretzel

String cheese

Fruit roll up

Desserts

Seasonal fresh fruit

Apple with caramel dip

Mandarin oranges, peaches,

pears, or applesauce cup

Animal crackers

Graham crackers

Teddy Grahams

Oreos

Rice Krispies treat

Gelatin

Popsicles

Ice Cream

Puddina

Beverages

Apple or orange juice

Bottled water

Crystal Light Flavoring

Milk whole, 1%, skim, chocolate

Vanilla Rice Milk

Vanilla Soy Milk

Sprite or Sprite Zero

Coke or Diet Coke

Mello Yello

Lemonade

Powerade berry, fruit punch, lemon lime

Hot Cocoa

Shake

Featured fruit smoothie

Condiments

Ketchup, mustard

BBQ sauce

Pickle slice

Lettuce, tomato, and onion

Margarine and butter

Salsa, sour cream

Cheddar cheese sauce

Marinara sauce

Chicken aravy

White and brown sugar

Breakfast syrup

Hershey's syrup