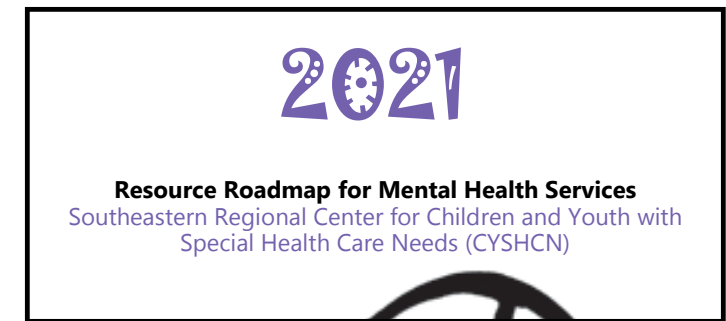
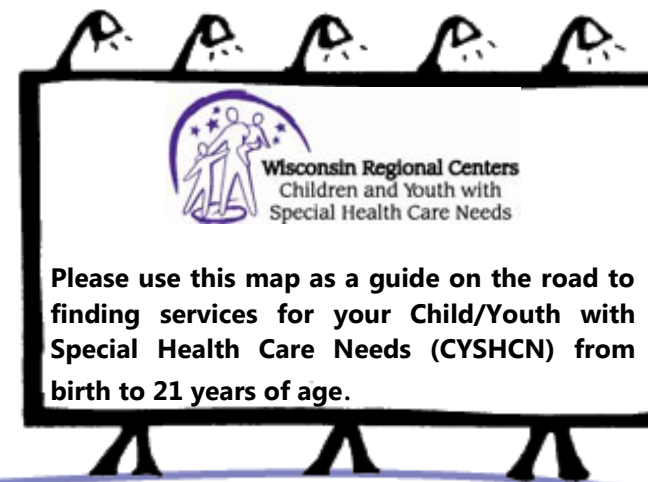


**Southeast Regional Center for Children and Youth
with Special Health Care Needs**

southeastregionalcenter.org
1-800-234-5437 or 414-266-6333

The Southeast Regional Center for Children and Youth with Special Health Care Needs is part of a statewide network that provides free and confidential information and assistance to parents of children and youth with special health care needs and the professionals who work with them. It is located in the Daniel M. Soref Family Resource Center in Children's Hospital of WI.

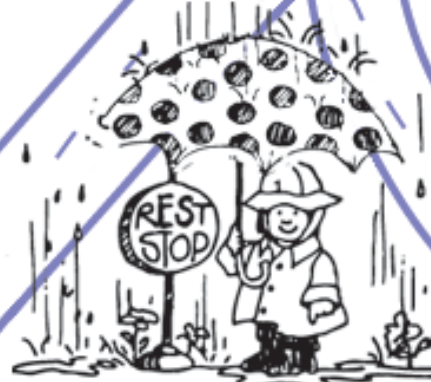


**Mental Health America
of Wisconsin: MHA**
mhawisconsin.org
1-866-948-6483

Good mental health is fundamental to the health and well-being of every person. We want all people to understand how to protect and improve their mental health and know when to seek help for themselves or someone close to them. MHA is dedicated to improving the mental health of all individuals and our community as a whole through advocacy, education and mental health services.

Crisis Contacts:
Dial 911, if you are having a crisis

- Crisis text line: **text HOME to 741741**
- Suicide Prevention Lifeline: **1-800-273-8255**
live chat available online
suicidepreventionlifeline.org



Special Education:
wifacets.org **1-877-374-0511**

Public schools are required to provide special education and related services to children who are eligible. The Individuals with Disabilities Education Act (IDEA) is the federal special education law that covers children ages 3-21. A team of parents and school staff will create a written plan of services called an Individual Education Program (IEP) to determine how to best support the child. Advocacy agencies such as WI FACETS (Family Assistance Center for Education, Training and Support) can provide information and assistance to parents who questions or concerns have related to opportunities in education.

Wisconsin Family Ties:
wifamilyties.org
1-800-422-7145

Wisconsin Family Ties is a statewide, parent run organization working with families of children with social, emotional or behavioral challenges. They provide emotional support with helping navigate service & treatment options.

When You Don't Know Who to Call, Call Us!
1-800-234-5437
**Southeast Regional Center for Children and
Youth with Special Health Care Needs**

NAMI Wisconsin
Namiwisconsin.org
1-800-236-2988

The National Alliance on Mental Illness (NAMI) provides information and referral services, education, advocacy, and support for families who have children with emotional, behavioral or mental health disorders.

**County Human Services
Long-Term Support:**
dhs.wisconsin.gov/clts/contact.htm
dhs.wisconsin.gov/adrc/consumer/index.htm

County Human Services departments provide access to long-term supports and comprehensive community services for eligible children and adults experiencing cognitive, physical and emotional disabilities. Programs include case management, respite services, and other in-home, after-school and out-of-home supports.

Well Badger Resource Center
wellbadger.org
Phone: 1-800-642-7837
Text: 608-360-9328

The Well Badger Resource Center helps connect parents, care givers, pregnant women, families, and health professionals with health care services and resources throughout the state. These include resources for emotional, behavioral or mental health needs.

Advocacy and Parent Training:
Contact the CYSHCN Regional Center
State and local agencies provide information and assistance for families looking for information on how to best understand, protect and advance the legal, human and service rights of children and youth. Examples include legal assistance, help with an IEP and health benefits counseling. Parent training groups help parents learn about resources and how to be a good advocate for their children.

**For additional copies contact the
CYSHCN Regional Center: 1-800-234-5437**
download the PDF at southeastregionalcenter.org

**Mental Health
Treatment**
dhs.wisconsin.gov/guide/mental-health.htm

Programs for persons affected by mental health issues. Programs include day treatment services, inpatient/outpatient facilities, intervention/prevention efforts residential programs & more.

Health Care Coverage
Contact the CYSHCN Regional Center

Medicaid and private insurance can help pay for needed medical care and services, (including therapies, medications, equipment, etc.). Medicaid programs include BadgerCare Plus, Katie Beckett, SSI, Waivers and more. It is important to understand options, eligibility and coverage.

**Planning
for Adulthood:**
**Contact the
CYSHCN Regional Center**

Youth ages 14-21 with disabilities and their families can receive help planning for the transition to adulthood. Activities include moving from a pediatrician to an adult health provider and exploring opportunities in education, work and community living. Examples include: WI Division for Vocational Rehabilitation (DVR), Department of Public Instruction (DPI) and Independent Living Centers.

