



Children's Hospital
and Health System™



Children's Specialty Group™

Check up clinic visits

Child's name: _____

Date of Birth: _____

Date of Visit: _____

Families to Bring to Clinic Completed.

Please complete the following information about your blood sugar levels and your pump settings

14 day Blood Sugar Averages:

Please remember to also bring your logbook and blood sugar meter with you

Breakfast	Snack	Lunch	Snack	Dinner	Snack	Night	Night

Basal Rates:

- Start time
1. 12 MN _____ u/hr
 2. _____ u/hr
 3. _____ u/hr
 4. _____ u/hr
 5. _____ u/hr
 6. _____ u/hr
 7. _____ u/hr

Total Daily Basal from pump:

_____ units

Insulin to carb ratios:

- Start time
1. 12 MN _____ grams
 2. _____ grams
 3. _____ grams
 4. _____ grams
 5. _____ grams

Daily Totals from Pump (Last 7 days):

1. _____ units
2. _____ units
3. _____ units
4. _____ units
5. _____ units
6. _____ units
7. _____ units

Average: _____ units

Correction/Sensitivity:

- Start time
1. 12 MN 1 unit per _____ mg/dl
 2. _____ 1 unit per _____ mg/dl
 3. _____ 1 unit per _____ mg/dl

BG targets/target range settings:

(Animas pumps)

(Omnipod Pumps)

- Start time
1. 12 MN _____ mg/dl +/- _____ (_____)
 2. _____ mg/dl +/- _____ (_____)
 3. _____ mg/dl +/- _____ (_____)

Insulin Time Action/Insulin-On-Board Duration: _____ hr.

Please Turn Over

Your questions/concerns today:

Is there anything you feel needs improvement in your diabetes management?

Since your last visit have there been changes in your child's health history?

(Please list any illnesses, injuries, hospitalizations, severe low blood sugars, DKA episodes, etc.)

<u>Event</u>	<u>Date</u>	<u>Event</u>	<u>Date</u>
1. _____	_____	4. _____	_____
2. _____	_____	5. _____	_____
3. _____	_____	6. _____	_____

Do you need Prescriptions refilled at this visit? YES / NO

- Walk in Pharmacy- 30 day supply with 1 year refill
- Mail Order Prescription – 90 day supply with 1 year refill

Name of Pharmacy: _____ **Address/Location:** _____

Please list current *Diabetes* medications and supplies:

- Humalog (KwikPen) // (Luxura HD Cartridge) // (Vial)
- Novolog (FlexPen) // (NovoPen Jr. Cartridge) // (Vial)
- Lantus (Solostar Pen) // (Vial)
- Levemir (FlexPen) // (Vial)

- Syringes (type) _____ length _____
- Pen needles (type) _____ length _____
- Strips for meter (type) _____
- Lancets (type) _____

- Ketone Strips
- Glucagon

*****Prescriptions are generally written with 1 year of refills. We prefer to give you prescriptions while you are here. Due to the volume of patients we service, there may be a delay in renewing your prescriptions over the phone.*****

Please let us know of any support systems or support groups you have to help with your diabetes self management:

(Examples include: Read diabetes magazine, attend support group, have grandparents help with cares, etc.)

(Please note: This section is included as information for the diabetes clinic to help us better serve you. It is a part of programs that are recognized by the American Diabetes Association)

Coping:

- Do you have trouble with injections or finger pokes? If so what?
 - Leaking Lumps Fear of shots/pokes Missing shots/pokes
- Do you have trouble sleeping?
- Do you have trouble working together as a family?
- Other issues with coping _____

Do you need other forms today?

- School Health Plan or other form signed
- Family Medical Leave Papers signed
- Travel letter/Prescription/Information
- Camp form signed
- Other _____