

Community food resources



These resources may be able to help your family with food needs and costs. Start by calling 2-1-1 or Well Badger (The first 2 resources listed.)

Resource	Contact Information	Details
2-1-1	<ul style="list-style-type: none"> • Call 2-1-1 or 877-947-2211 • Text your zip code to 898-211 • Go to www.211.org/ 	<ul style="list-style-type: none"> • Learn about food pantries, summer food service programs, and meal sites. • Free, can use them any time and they are in many languages. • Can also help with housing, utilities and jobs.
Well Badger	<ul style="list-style-type: none"> • Call 1-800-722-2295 • Go to www.wellbadger.org 	<ul style="list-style-type: none"> • Learn about Wisconsin specific programs and services. • Services include food needs, shelter, mental health support and healthcare coverage.
FoodShare Helpline	<ul style="list-style-type: none"> • Call 1-877-366-3635 • Go to www.GetAQuestCard.org • Outside of Wisconsin, call SNAP information line 1-800-221-5689. 	<ul style="list-style-type: none"> • FoodShare gives money for groceries on a Quest (EBT) card. • The helpline has free appointments and can help you apply for benefits.
WIC (Women, Infants and Children)	<ul style="list-style-type: none"> • Call 1-800-642-7837 • Go to www.dhs.wisconsin.gov/wic/wic-offices.htm • Outside of Wisconsin, visit www.fns.usda.gov/wic/program-contacts 	<ul style="list-style-type: none"> • Supports pregnant and breastfeeding women, babies, and children until 5 years old. • WIC gives: <ul style="list-style-type: none"> • healthy foods for your family. • infant formula. • Information about nutrition. • Breastfeeding information and support.
Child Nutrition Programs	<ul style="list-style-type: none"> • Contact your child's school to see if these programs are offered and if you qualify. 	<ul style="list-style-type: none"> • Includes the National School Lunch Program and School Breakfast Program. • These meals are healthy and low-cost or free.

Other helpful teaching sheets

- [#1290](#) Going Further with Food
- [#1555](#) Healthy Food Shopping
- For more resources scan:



This sheet was created to help you care for your child or family member. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment and follow-up.