

Children's Hospital of Wisconsin

Preterm infant discharge guideline

Late preterm infant (35 – 37 weeks) newborn nursery discharge guidelines

- Length of stay ≥ 48 hours
- Follow-up visit with health care provider made (for 24-48 hours after discharge), and follow-up health care provider notified
Name of follow-up provider _____
- Vital signs normal for 12 hours prior to discharge
RR < 60 ; HR 100-160; axillary temp 97.7-99.3°F (36.5-37.4°C)
- At least one spontaneous stool
- Successful feeding at breast or bottle for 24 hours. Infants with 2-3 percent weight loss per day or 7 percent loss during hospitalization need assessment for signs of dehydration before discharge
 - ≥ 7 percent loss during stay Yes No
 - If yes, was infant assessed for dehydration? Yes No
- Lactation has assessed breastfeeding and documented in chart – breastfeeding quality has been evaluated at least twice daily by trained caregiver
- Feeding plan developed and understood by family
- Hyperbilirubinemia risk assessment done, documented in chart, caregiver aware and appropriate follow-up arranged
- No active bleeding at circumcision site for at least two hours
- Maternal laboratory results and all newborn screening tests done and recorded in chart
 - Include hearing and SHINE tests
 - State newborn screen after 24 hrs of feeds, results sent to Wisconsin state lab
- Hepatitis B administered
- Car seat test done
- Family, environmental and social risk factors assessed (If risk factors identified, delay discharge until they are resolved or a plan is made to address them.)
Risk factors may include:
 - Untreated parental substance abuse None
 - Child abuse/neglect None
 - Mental illness in parent in home None
 - Poor social support None
 - Homelessness None
 - Risk of domestic violence None
 - Adolescent mother with other risk factors present None
 - Other _____ None



Babies who come to Children's Hospital for newborn services stay in the #1 neonatal intensive care unit in the nation.

(over)

chw.org/neonatology



Children's
Hospital of Wisconsin



- Mother and caregivers received information or training or have demonstrated competency in the following:
- Expected pattern of voiding and stooling Yes
 - Umbilical cord, skin and newborn genital care Yes
 - Hand hygiene Yes
 - Use of thermometer Yes
 - Assessment and provision of appropriate layers of clothing Yes
 - Identification of common signs and symptoms of hyperbilirubinemia, sepsis and dehydration Yes
 - Provision for safe sleep environment Yes
 - Safety discussion
 - Car seat Yes
 - Smoke alarms Yes
 - Second-hand smoke Yes
 - Appropriate responses to emergencies Yes

Guidelines based on *Pediatrics*, 120(6):1390-1401, 2007.

Clinic information

chw.org/neonatology

Medical care guidelines

Tools for primary care providers

chw.org/medicalguidelines

Physician consultation and referral

Refer a patient • Discuss a case • Arrange a transport

chw.org/refer

(414) 266-2460 or toll-free (800) 266-0366

Appointments

Outpatient specialty appointments

chw.org/appointment

(414) 607-5280 or toll-free (877) 607-5280